

# STUDENT SERVICES



HERTFORD  
REGIONAL  
COLLEGE

## S A F E G U A R D I N G

If you find yourself in any situation which makes you feel unsafe you can speak to any member of staff they can then contact the safeguarding team who can speak to you in confidence or contact them direct by emailing [safeguarding@hrc.ac.uk](mailto:safeguarding@hrc.ac.uk) or ask at reception to speak to a member of the team.

### Useful contacts

- Childline 0800 1111
- Samaritans 116 1123
- Police non emergency 101
- [www.Fearless.org](http://www.Fearless.org)
- [www.Nspcc.org.uk](http://www.Nspcc.org.uk)

## W E L F A R E

If you are having difficulties outside college that affect your wellbeing or attendance you can contact the welfare officers in person (their offices are near reception on both sites) or by emailing [welfare@hrc.ac.uk](mailto:welfare@hrc.ac.uk) They can support you with issues including housing, financial difficulties and mental health.

### Useful contacts

- Shelter (housing) 0344 515 2000
- Depal UK (housing) 07580 328308
- Herts Young Homeless 03333 202 384
- [Trusseltrust.org](http://Trusseltrust.org)
- [www.shelter.org.uk](http://www.shelter.org.uk)
- [www.brook.org.uk](http://www.brook.org.uk)
- [www.sexualhealthhertfordshire.clch.nhs.uk/](http://www.sexualhealthhertfordshire.clch.nhs.uk/)

## C A R E E R S

Our careers team are available to give impartial, friendly, confidential and professional advice to help you with planning your future. They can help you: explore your course options; create a CV; apply to University or get a part time job. You can contact them by email [careers@hrc.ac.uk](mailto:careers@hrc.ac.uk) or arrange an appointment at reception or see them in person (their offices are in the Learning Centre on both sites).

### Useful contacts

- YC Hertfordshire - 0300 123 7538
- National Apprenticeship Service - 0800 783 2545
- HRC Careers Team - 01992411607
- [www.findapprenticeship.service.gov.uk](http://www.findapprenticeship.service.gov.uk)
- [www.hopinto.co.uk](http://www.hopinto.co.uk)

## ENRICHMENT

The Enrichment team provide a range of opportunities to support your personal development including sporting and non-sporting activities and the chance to contribute to the college by being part of the Student Voice. You can contact the Enrichment team in person (their offices are in the refectory at both sites) or by emailing [studentenrichment@hrc.ac.uk](mailto:studentenrichment@hrc.ac.uk)

### Useful contacts

- <https://www.firstaidforfree.com/>
- <https://artsandculture.google.com/project/family-fun>
- <https://www.dofe.org/>

## COUNSELLING

We have a team of dedicated professional Counsellors to support you during your time at the college. They provide confidential and non-judgmental support. You can contact the counselling team by emailing them at [counselling@hrc.ac.uk](mailto:counselling@hrc.ac.uk)

### Useful contacts

- Samaritans 116 1123
- Cruse Bereavement Care 0808 808 1677
- Healthy Young Minds in Herts 0800 777 0707
- Mind.org.uk
- [www.togetherall.com](http://www.togetherall.com)

## ADDITIONAL LEARNING SUPPORT

Our Additional Learning Support Team will ensure, wherever possible, that college facilities are accessible to all learners and that individual needs are met. We are committed to inclusion by the provision of effective support and special exam access arrangements. You can contact the Additional Learning Support Team by emailing them at [alsreferrals@hrc.ac.uk](mailto:alsreferrals@hrc.ac.uk) or knock on the ALS office door and ask.

### Useful contacts

- Hertfordshire Education Support team - 0300 123 4043
- Hertfordshire SENDIAS - 01992 555847
- British Dyslexia Association - 0333 405 4555

## FINANCIAL SUPPORT

There is a range of financial support that you may be eligible for dependent on your level of study and circumstances. We have a dedicated team of qualified advisors who will be able to guide you through the application process. For more information or advice please email [financialsupport@hrc.ac.uk](mailto:financialsupport@hrc.ac.uk) or call 01992 411411.

### Useful contacts

- HRC Financial Support 01992 411411
- Hertford Foodbank 0808 2082138
- Enfield Foodbank 07826 542119
- Trusseltrust.org
- [www.gov.uk-16-19-bursary](http://www.gov.uk-16-19-bursary)