

## **Safeguarding at HRC**

Hertford Regional College is committed to safeguarding all students and there are policies and procedures in place to achieve this.

We aim to ensure that all students feel safe, are encouraged to talk, and are listened to when they have a worry or concern.

Safeguarding is about protecting people from harm from a range of things such as:

- Bullying
- Abuse
- Sexual exploitation
- Abuse over the internet
- Peer on peer abuse
- Female Genital Mutilation
- Domestic/relationship abuse
- Self-harm
- Forced marriage

Are you worried about someone's wellbeing, or are you experiencing abuse or neglect yourself?

Are you experiencing Friendship problems?

Are you Worried about a friend?

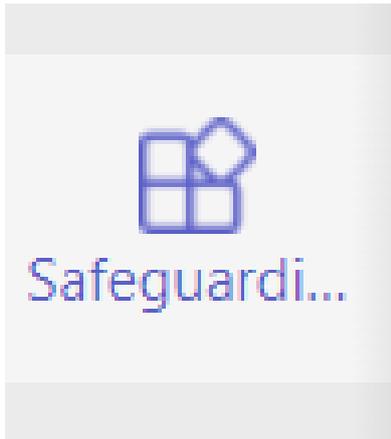
Is someone putting pressure on you to do something you don't want to do?

Are you concerned about your or someone else's Mental Health?

If you answer yes to any of the above tell someone. You can speak to any member of staff or contact:

[safeguardingteam@hrc.ac.uk](mailto:safeguardingteam@hrc.ac.uk) or call into to the welfare office to speak to an advisor or click on the link in Moodle, there is also a button on Teams:

**Safeguarding Our Learners**  
Concerned about bullying,  
abuse, neglect or personal  
safety?  
**Click here to report it**



Students can also report anonymously via Whisper:

# Whisper

If you have a safeguarding concern and wish to report it anonymously use our **Whisper** service. Send a text message to **07860 021 323** and begin the text **HRC1**, we will not be able to see your number.

Or use the online form which can found by using the below QR code.



Our aim during term time week days is to respond within 24 hours. Response may take longer at weekends and out of term time.

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COLLEGE

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You can also contact any of the safeguarding leads. You can find out who they are from the posters that are around the college.

**YOUR SAFEGUARDING TEAM**

Angela McLean

Philip Line

Helen Richards

Gemma Hilton

Robin Spicer

Maria Kellatti

To report a concern, you can speak to your tutor/any member of staff, click the safeguarding section on Moodle or email [safeguardingteam@hrc.ac.uk](mailto:safeguardingteam@hrc.ac.uk)

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If you don't feel safe we want to know and want to support you.